

WATLING ACADEMY OFF-SCREEN DAY - 5TH FEBRUARY 2020

IDEAS LIST

- Take part in the 'Around the World' challenge – You can virtually climb Everest! (please see virtual challenge flyer and full details attached in email).
- Build/make something new out of materials due to be recycled or thrown away.
- Go for a family cycle ride with some healthy snacks.
- MasterChef – plan and cook a meal (sustainable, of course), take photos, get reviews from “customers”.
- Using a map, plot a walk/bike ride around your local area, perhaps exploring somewhere you have not been there before, then go on the trip with your family.
- Design and make a welcome leaflet for next year’s Year 7s.
- Learn and remember the lyrics to a new song.
- Complete a jigsaw.
- Crafting - Perhaps painting or making something. Maybe this is the opportunity to try and start a new craft project.
- Hide and seek.
- Write a letter to your future self that you can read at the end of Year 7 (or Year 11). Include what you hope to have achieved and what you have been proud of so far in your time at Watling Academy. Put somewhere safe to read in either July this year (or 2025 in Year 11).
- Write a letter to a family member or a friend.
- Call a family member or friend for a chat on the phone rather than sending a message.
- Watch the News.
- Read a newspaper.
- Write a poem about when lockdown/Covid is over.
- How fast can you fit a quilt cover?
- Without cutting your hair, give yourself a brand-new hairstyle.
- Memorise all the World’s capital cities.
- Try and close your eyes and time exactly a minute.
- Meditate.
- Find out how many objects in your house start with the letter M.
- See if you can write with your left hand (if right-handed), right hand (if left-handed).
- Name as many types of trees you can.
- Make up a new word that no one has ever used before by joining two existing words together.
- Plant a seed – instead of throwing away seeds from bell peppers or butternut squash pop them in some soil in a little pot (a yoghurt pot will do) put on windowsill and water regularly, hopefully you should have some peppers or squashes by the Summer.



Ride High MK Bake Off Competition

Here's the information about it.

- Optional donation of £10 entry (plus your ingredients). Money raised will go to vulnerable children in Milton Keynes
- 3 categories:
 - Best horse-themed cake
 - Best coronavirus-themed cake
 - Best Valentine's-themed cake.

There will be a child and adult winner in each category and an overall winner too. The overall winner will receive an amazing Half-day one-to-one baking class with International Pastry Chef Claire Clark! There are also fabulous prizes for the winners of each category, including baking photography shoots and delicious bakes from Oh My Cakery - all donated by our judging panel.

- **How to take part** we would be extremely grateful, but it is not a requirement of entering and all participants will be treated equally regardless of whether or not they have donated. Once you have registered online, we will send you an email with your competition number together with details of how to submit your entry.
- You can register anytime between Tuesday 26th January and Friday 19th February, but you must submit your entry by 5PM on Friday 19th February. All the entries will be added to the Ride High Facebook page and the winners will be announced live on Saturday 27th February on the Ride High MK Facebook page.
- Whilst the competition is running, we will be sharing helpful hints and tips on our Facebook page [Ride High MK](#) (and other social channels) so make sure you follow us and if you're posting yourself please use #Bakethebestofit.
<http://www.ridehigh.org/bakethebestofit>

To take part all you need to do is to register online via the link. If you would like to make a suggested donation via our '[Bake the Best of it' campaign page](#) (suggested donation £10)