

WELL-BEING Year 7 Curriculum End Points and Key Vocabulary

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Ethos Links	<p>Milton Keynes – Transitioning to Watling</p> <p>Character – Developing aspects of Respect, Responsibility, Kindness</p>	<p>STEM – Investigating STEM related Jobs</p> <p>Character – Developing aspects of Respect, Responsibility, Kindness</p> <p>Sustainability – Environmental impacts of jobs/careers</p>	<p>Milton Keynes – Looking at how diverse Milton Keynes is, compared to the national average</p> <p>Character – Developing aspects of Respect, Responsibility, Kindness</p>	<p>Milton Keynes – Knowing where to seek help (services in MK)</p> <p>Character – Developing aspects of Respect, Responsibility, Kindness</p>	<p>Character – Developing aspects of Respect, Responsibility, Kindness</p>	<p>Milton Keynes – Finances (Santander)</p> <p>Character – Developing aspects of Respect, Responsibility, Kindness</p>
Learning End Points	<p>Transition and British Values</p> <p>Transition to secondary school and personal safety in and outside school, including first aid</p> <p><i>What is the core British Values?</i></p> <p>By the end of this unit students will know and understand:</p> <ul style="list-style-type: none"> ➤ How to identify personal strengths and areas for development. 	<p>Developing skills and aspirations</p> <p>Careers, teamwork and enterprise skills, and raising aspirations</p> <p><i>Where do I see myself in the future?</i></p> <p>By the end of this unit students will know and understand:</p> <ul style="list-style-type: none"> ➤ About a broad range of careers and the abilities and qualities 	<p>Diversity</p> <p>Diversity, prejudice, and bullying</p> <p><i>What are the similarities, differences and diversity among people?</i></p> <p>By the end of this unit students will know and understand:</p> <ul style="list-style-type: none"> ➤ About identity, rights and responsibilities. ➤ About living in a diverse society. 	<p>Health and puberty</p> <p>Healthy routines, influences on health, puberty, unwanted contact, and FGM</p> <p><i>How do we make healthy lifestyle choices?</i></p> <p>By the end of this unit students will know and understand:</p> <ul style="list-style-type: none"> ➤ How to make healthy lifestyle choices 	<p>Building relationships</p> <p>Self-worth, romance and friendships (including online) and relationship boundaries</p> <p><i>How do we recognise healthy and unhealthy relationships?</i></p> <p>By the end of this unit students will know and understand:</p> <ul style="list-style-type: none"> ➤ About qualities and behaviours relating to different types 	<p>Financial decision making</p> <p>Saving, borrowing, budgeting and making financial choices</p> <p><i>How do we make safe financial choice?</i></p> <p>By the end of this unit students will know and understand:</p> <ul style="list-style-type: none"> ➤ How to make safe financial choices.

	<ul style="list-style-type: none"> ➤ Understood and developed their understanding of the 4 fundamental British values. ➤ Understood and developed their understanding of Watling Academy values. ➤ Develop knowledge of how to take part in class based discussion where they show respect for other student's opinions. 	<p>required for different careers.</p> <ul style="list-style-type: none"> ➤ About equality of opportunity. ➤ How to challenge stereotypes, broaden their horizons and how to identify future career aspirations. ➤ About the link between values and career choices. 	<ul style="list-style-type: none"> ➤ How to challenge prejudice, stereotypes and discrimination. ➤ The signs and effects of all types of bullying, including online. 	<p>including diet, dental health, physical activity and sleep.</p> <ul style="list-style-type: none"> ➤ How to manage influences relating to caffeine, smoking and alcohol. ➤ How to manage physical and emotional changes during puberty. ➤ About personal hygiene. ➤ How to recognise and respond to inappropriate and unwanted contact. ➤ About FGM and how to access help and support. 	<p>of positive relationships.</p> <ul style="list-style-type: none"> ➤ How to recognise and challenge media stereotypes. ➤ How to evaluate expectations for romantic relationships. ➤ About consent, and how to seek and assertively communicate ➤ Consent. 	<ul style="list-style-type: none"> ➤ About ethical and unethical business practices and consumerism. ➤ About saving, spending and budgeting. ➤ How to manage risk-taking behaviour.
<p>Key Vocabulary</p>	<p>British Values British Emotions Friendship Rule of Law</p>	<p>Careers Qualities Problem solving Teamwork Leadership</p>	<p>Bullying Support Prejudice Stereotype Discrimination</p>	<p>Diet and exercise Peer pressure Misuse Influence FGM</p>	<p>Positive relationships Unhealthy relationships Communicate Consent Stereotype</p>	<p>Economy Finance Interest Spending Budgeting</p>