

W/C: W/C: 4th Sept, 25th Sept, 16th Oct, 6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan

week: 01

Stir.

MONDAY

**CRISPY TOPPED  
MAC N CHEESE**

Served with  
Rainbow Slaw

**VEGGIE CHILLI  
NACHOS**

Served with  
Rainbow Slaw

TUESDAY

**SPICY ANDHRA  
CHICKEN CURRY**

Served with  
Wholegrain Rice  
& Indian Coconut Cabbage

**SWEET POTATO  
CHANA MASALA**

Served with  
Wholegrain Rice  
& Indian Coconut Cabbage

WEDNESDAY

**LEMON & HERB  
ROAST CHICKEN**

Served with  
Crispy Roasties &  
Vegetables

**CAULIFLOWER  
CHEESE**

Served with  
Crispy Roasties &  
Vegetables

THURSDAY

**CARIBBEAN  
SAUSAGE ROLL**

Served with  
Spiced Paprika Potato  
Wedges & Green Beans

**CARIBBEAN STEWED  
TOMATOES & BEANS**

Served with  
Spiced Paprika Potato  
Wedges & Green Beans

FRIDAY

**BATTERED  
FISH**

Served with  
Chips & Garden Peas

**VEGGIE FINGER  
WRAP**

Served with  
Chips & Garden Peas

**GUEST OFFER BROUGHT TO YOU BY:**

**WILD  
GREENS**

NATURES KITCHEN



**GRILL & BUN**

SERIOUS ABOUT GRILLING

**JIMBU**

**FINS & CO**

Pizza Panini

Meatball Panini

Pizza Panini

Cheese & Ham Panini

Pizza Panini

Margherita Pizza  
Penne Pasta with Tomato  
Sauce

Pepperoni Pizza  
Penne Pasta with Pesto &  
Spinach

Margherita Pizza  
Penne Pasta with Spicy  
Arrabiata Sauce

Pepperoni Pizza  
Penne Pasta with Tomato  
Sauce

Margherita Pizza  
Penne Pasta with Pesto &  
Spinach

**JACKET POTATO WITH VARIOUS TOPPINGS AVAILABLE DAILY**

menu

let's eat, together

[www.stirfood.co.uk](http://www.stirfood.co.uk)

W/C:W/C: 11th Sept, 2nd Oct, 23rd Oct, 13th Nov, 4th Dec, 15th Dec, 5th Jan

week: 02

Stir.

**MONDAY**

**MINTED YOGHURT & FALAFEL FLATBREADS**  
Served with Mixed Salad

**VEGAN SWEET POTATO COCONUT CURRY & FLATBREAD**  
Served with Mixed Salad

**TUESDAY**

**TERIYAKI CHICKEN STIR FRY**  
Served with Noodles Green Beans

**VEGGIE PAD THAI**  
Served with Noodles Green Beans

**WEDNESDAY**

**ROAST GAMMON**  
Served with Crispy Roasties & Vegetables

**CHEESE & ONION PUFF PASTRY SLICE**  
Served with Crispy Roasties & Vegetables

**THURSDAY**

**CHINESE CHICKEN CURRY**  
Served with Wholegrain Rice & Sweet Chilli Broccoli

**VEGGIE CHINESE CURRY**  
Served with Wholegrain Rice & Sweet Chilli Broccoli

**FRIDAY**

**BATTERED FISH**  
Served with Chips & Garden Peas

**Veggie Fish Fingers**  
Served with Chips & Garden Peas

**GUEST OFFER BROUGHT TO YOU BY:**

**WILD GREENS**  
NATURES KITCHEN



**EAT EAST**  
STREET FOOD



**FINS & CO**

Pizza Panini

Meatball Panini

Pizza Panini

Cheese & Ham Panini

Pizza Panini

Margherita Pizza  
Penne Pasta with Tomato Sauce

Pepperoni Pizza  
Penne Pasta with Pesto & Spinach

Margherita Pizza  
Penne Pasta with Spicy Arrabiata Sauce

Pepperoni Pizza  
Penne Pasta with Tomato Sauce

Margherita Pizza  
Penne Pasta with Pesto & Spinach

**JACKET POTATO WITH VARIOUS TOPPINGS AVAILABLE DAILY**

menu

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W/C:W/C: 18th Sept, 9th Oct, 30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan, 12th Feb

week: 03

Stir.

**MONDAY**

**CHIPOTLE, SQUASH & LIME TACOS**

Served with  
Red Slaw

**BUTTERNUT SQUASH, CHILLI & MOZZARELLA GNOCCHI**

Served with  
Red Slaw

**WILD GREENS**

NATURES KITCHEN

Pizza Panini

Margherita Pizza  
Penne Pasta with Tomato  
Sauce

**TUESDAY**

**BEAN & SWEETCORN BURRITO**

Served with  
Pearl Barley & Courgette  
Ribbon Salad

**EGYPTIAN KOSHARI WITH CRISPY ONIONS**

Served with  
Pearl Barley & Courgette  
Ribbon Salad



Meatball Panini

Pepperoni Pizza  
Penne Pasta with Pesto &  
Spinach

**WEDNESDAY**

**TRADITIONAL COTTAGE PIE**

Served with  
Fresh Veg

**SOMERSET STEW WITH CHEDDAR & PARSLEY MASH**

Served with  
Fresh Veg

**JIMBU**

Pizza Panini

Margherita Pizza  
Penne Pasta with Spicy  
Arrabiata Sauce

**THURSDAY**

**CHICKEN TIKKA MASALA**

Served with  
Turmeric Rice & Carrots

**ROAST CAULIFLOWER & CHICKPEA KORMA**

Served with  
Turmeric Rice & Carrots

**TAQUERIA**  
TACO SHOP

Cheese & Ham Panini

Pepperoni Pizza  
Penne Pasta with Tomato  
Sauce

**FRIDAY**

**BATTERED FISH**

Served with  
Chips & Garden Peas

**HOMEMADE CAJUN BEAN BURGER**

Served with  
Chips & Garden Peas

**PINS&CO**

Pizza Panini

Margherita Pizza  
Penne Pasta with Pesto &  
Spinach

**JACKET POTATO WITH VARIOUS TOPPINGS AVAILABLE DAILY**

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