

25th April 2024

Dear Parents and Carers,

Relationship and Sex Education - YEAR 7

As a part of your child's education at Watling Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next 6 weeks, your child's class will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme.

RSE lessons in year 7 will include teaching about:

- Changing friendships
- Healthy online friendships
- Hurtful behaviour: Introduction to consent
- Avoiding assumptions
- Freedom and capacity to consent.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://watlingacademy.net/education/subject-pages/ks3-curriculum-overview-wellbeing/> for more details about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values, which is age appropriate to the students.



As you may already be aware, RSE, along with Health Education, has now formed part of the National Curriculum. This change began as of September 2020. As a school community, we are committed to working in partnership with parents to find out more about what your child will learn, view the materials and resources being used in lessons and if you would like any information on how you can best support your child to discuss these topics at home, do feel free to contact me at parksc@watling.academy.

Yours faithfully

Mr Parks

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