

How to Succeed in Sport Studies

Course Information

Exam Board	OCR
Exam Structure	1hr and 15mins Exam WEDNESDAY 14th May 2025 PM
Specification weblink	https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j829/
Practice exam papers weblink	https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j829/assessment/

Units/Topics studied – Contemporary Issues in Sport

Topic Area 1: Issues which affect participation in Sport

- User Groups
- Possible Barriers and Solutions
- Popularity of Sport in the UK
- Emerging/ New Sports in the UK

Topic Area 2: The role of sport in Promoting Values

- Sporting Values
- Olympic and Paralympic Movement
- Sporting values initiative and Campaigns
- Etiquette and sporting behaviour
- Use of Performance Enhancing Drugs (PEDs)

Topic Area 3: Hosting Major Sporting Events

- Features of Major sporting events
- Positive and Negative effects of hosting

Topic Area 4: NGBs role in development of Sport

- National Governing Bodies of Sport (NGBs)

Topic Area 5: The Use of Technology in Sport

- Role of technology
- Positive effects of technology
- Negative effects of technology

Revision strategies and materials

Revision Materials:

- Exercise Book with notes from lessons
- CGP Sport Studies Revision Guide
ISBN: 978 1 83774 058 1
- CGP Sport Studies Course Booklet
- Everlearner Free Revision session: <https://pages.theeverlearner.com/2024-cnatsport-studies-revision>
- Physical Education Youtube Channel <https://www.youtube.com/@PhysEdClips>