

# MONDAY



## MAIN MEAL

**ASIAN VEGETABLE, SOYA  
BEAN & NOODLE STIR-FRY**

## VEGETARIAN MEAL

**PIRI PIRI QUORN**

Macho Peas & Spicy Rice





# TUESDAY

## MAIN MEAL

**CHICKEN CHOW MEIN**

## VEGETARIAN MEAL

**HOISIN TOFU CHOW MEIN**



# WEDNESDAY



## MAIN MEAL

### **HONEY GLAZED ROAST GAMMON OR LEMON & THYME CHICKEN**

Crisp Roast Potatoes, Seasonal  
Vegetables, House Gravy

## VEGETARIAN MEAL

### **CRUNCHY TOPPED MACARONI CHEESE**

Seasonal Vegetables or Salad





# THURSDAY

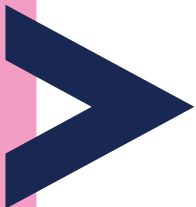
## MAIN MEAL

**MEXICAN STYLE BEEF &  
TORTILLA LASAGNE**

## VEGETARIAN MEAL

**SMOKEY PLANT BASED  
CHILLI**

Rice, Nachos & Corn





# FRIDAY

## MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,  
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

## VEGETARIAN MEAL

**BBQ BEAN BURGER**

Peas & Chunky Chips



# MONDAY



## MAIN MEAL

### VEGAN SAUSAGE & MASH

Onion Gravy

## VEGETARIAN MEAL

### VEGAN SAUSAGE CASSEROLE

Gravy





# TUESDAY

## MAIN MEAL

**CHICKEN ARRABIATA  
PASTA BAKE**

House Salad

## VEGETARIAN MEAL

**NO WASTE CAULIFLOWER  
CHEESE PASTA BAKE**

Garden Salad



# WEDNESDAY



## MAIN MEAL

### ROAST TURKEY

Crisp Roast Potatoes, Seasonal  
Vegetables & House Gravy

## VEGETARIAN MEAL

### CHEDDAR, SQUASH AND

### ROASTED RED PEPPER

### QUICHE

Garden Salad







# THURSDAY

## MAIN MEAL

### **KUNG PAO CHICKEN**

Egg Fried Rice

## VEGETARIAN MEAL

### **EGGPLANT KATSU**

House Salad





# FRIDAY

## MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,  
PIZZA OR FISHCAKE**

Chips, Peas

## VEGETARIAN MEAL

**SUNDRIED TOMATO &  
CHEDDAR TURNOVER**

Peas



# MONDAY



## MAIN MEAL

### **BANG BANG CAULIFLOWER**

Smoked Paprika Wedges & Cajun  
Corn

## VEGETARIAN MEAL

### **BAKED COURGETTE & TOMATO GRATIN**

Smoked Paprika Wedges





# TUESDAY

## MAIN MEAL

**BEEF BOLOGNAISE WITH  
PASTA**

House Salad

## VEGETARIAN MEAL

**PLANT BASED BOLOGNAISE  
WITH PASTA**

House Salad



# WEDNESDAY



## MAIN MEAL

**ROAST SHOULDER OF PORK  
OR SALT & PEPPER  
CHICKEN**

Crisp Roast Potatoes, Seasonal  
Vegetables & House Gravy

## VEGETARIAN MEAL

**VEGAN SAUSAGE  
TURNOVER**

Crisp Roast Potatoes, Seasonal  
Vegetables & House Gravy





# THURSDAY

## MAIN MEAL

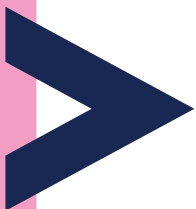
**CHICKEN TIKKA MASALA**

Pilau Rice

## VEGETARIAN MEAL

**CHANA MASALA**

Pilau Rice





# FRIDAY

## MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,  
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

## VEGETARIAN MEAL

**VEGAN QUORN & RANCH  
BURGER**

Chips & Peas

