





ALLERGEN BUDDY

IFG

EXPLODED ALLERGEN MATRICES

This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on - 29th Oct 2026

All meals for pupils with allergies much be pre-ordered at least one week in advance.

Our exploded allergen information lists every ingredient in a dish and highlights exactly where any of the 14 main allergens appear, so you can make informed choices with confidence.

KEY

YES = contains

M = may contain

X = does not contain

Intolerance Information Recipe List: Concepts

* indicates sub recipe

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
CARIBBEAN KITCHEN																													
Caribbean Kitchen - Rice n Peas 1003211 (Yield 20ptn/s)	1003211	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SyscoClassic Long Grain Brown Rice 1x5kg	1027760	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Easy Cook Long Grain Rice 1x5kg	2781	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Cls Kidney Beans in Water 1x800g	1033665	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Mixed Spice 1x450g	2671	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Rubbed Thyme 1x210g	1007555	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Caribbean Kitchen - Jerk Wedges 1003212 (Yield 20ptn/s)	1003212	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Potatoes Red PK 1x20kg	2774	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Jerk Seasoning 1003218 (Yield 50ptn/s) *	1003218	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Caribbean Kitchen - Pineapple Slaw 1003214 (Yield 75ptn/	1003214	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cabbage Savoy BBEach	2370	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pineapples Medium BB Each	2350	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Limes BB 6 Pack	2824	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sliced Jalapeno Peppers 1x1kg	2598	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Reggae Reggae Chicken 1003215 (Yield 20ptn/s	1003215	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Chicken Drumsticks Raw 4x2.5kg	1028858	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Jerk Seasoning 1003218 (Yield 50ptn/s) *	1003218	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Reggae Reggae Chicken 1003216 (Yield 20	1003216	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Jerk Seasoning 1003218 (Yield 50ptn/s) *	1003218	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
N GG Halal Chicken Drumsticks 4x2.5kg	1028860	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Jerk Pork Spicy Roots 1003217 (Yield 50ptn/s)	1003217	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pork Leg Boneless [4.5 - 5.75 Kg] ORDER NUMBER OF JOIN	1005654	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Limes BB 6 Pack	2824	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Jerk Seasoning 1003218 (Yield 50ptn/s) *	1003218	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Jamaican Chicken Stew 1003225 (Yield 20	1003225	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Jerk Seasoning 1003218 (Yield 50ptn/s) *	1003218	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Essentials Tomato Sauce 1x 4.5kg	2606	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vegan Topping Jerk Cauliflower Bites Spicy Roots 1003228	1003228	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cauliflower Florets 1x2.5kg	1021385	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Plain Flour 6x1.5kg	10498	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Jerk Seasoning 1003218 (Yield 50ptn/s) *	1003218	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Yogurt & Mint Sauce 1003233 (Yield 10ptn/s)	1003233	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Yoghurt & Mint Dressing 1x2.27ltr	2754	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sticky Mango Sauce 1003231 (Yield 10ptn/s)	1003231	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
KTC Mango Chutney Bucket	2676	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sweet Chilli 1003232 (Yield 10ptn/s)	1003232	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Spicy Roots Combo Sauce 1003619 (Yield 30ptn/s)	1003619	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Sauce - Garlic & Mint Sauce 1003311 (S) (Yield 1ptn/s) *	1003311	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sweet Chilli 1003313 (S) (Yield 1ptn/s) *	1003313	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sticky Mango Sauce 1003312 (S) (Yield 1ptn/s) *	1003312	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
KEBAB SHACK																													
Kebab Shack - Flat Bread 1003234 (Yield 10ptn/s)	1003234	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
La Bou 10" Bar Marked Flour Tortillas 4x18 Pack [15.3g], 1	1004262	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kebab Shack - Harissa Spiced Rice 1003235 (Yield 50ptn/s	1003235	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SyscoClassic Long Grain Brown Rice 1x5kg	1027760	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Easy Cook Long Grain Rice 1x5kg	2781	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Harissa Rub 1x180g	2585	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Essential Garden Peas 1 x2.5kg	1005374	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kebab Shack - Sumac Slaw 1003237 (Yield 50ptn/s)	1003237	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Cabbage Savoy BBEach	2370	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Sumac 1x500g	1003039	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Chicken Shawarma 1003239 (Yield 25ptn/s)	1003239	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Coriander 1x400g	1003047	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ground Cumin 1x400g	1003049	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Chicken Shawarma 1003241 (Yield 25ptn/	1003241	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Coriander 1x400g	1003047	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ground Cumin 1x400g	1003049	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Lemon & Garlic Chicken 1003244 (Yield 25ptn/s	1003244	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Flat Leaf Parsley Bunched BB 1x100g	2576	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Lemon & Garlic Chicken 1003246 (Yield 25	1003246	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Flat Leaf Parsley Bunched BB 1x100g	2576	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Vegetarian Harissa Spiced Grilled Cheese Veg K	1003248	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Param Paneer Cheese 1x900g	1033979	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Spicentice Harissa Rub 1x180g	2585	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Chickpea & Coriander Falafel 1003250 (Yield 10	1003250	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	YES	X
Sysco Classic Falafel Mix 1kg	2651	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	YES	X
Sauce - Yogurt & Mint Sauce 1003233 (Yield 10ptn/s)	1003233	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Yoghurt & Mint Dressing 1x2.27ltr	2754	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sticky Mango Sauce 1003231 (Yield 10ptn/s)	1003231	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
KTC Mango Chutney Bucket	2676	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sweet Chilli 1003232 (Yield 10ptn/s)	1003232	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mac My Day																													
Mac My Day - Crunchy Topped Macaroni Cheese 100328(	1003280	YES	YES	X	X	X	X	X	X	X	X	X	M	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Plain Flour 6x1.5kg	10498	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mature White Cheddar min 4.75kg	2388	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Straight Macaroni 5kg	2780	YES	YES	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes English Mustard 1x2.27ltr	2602	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cracked Black Pepper 425g	2693	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Panko Breadcrumbs 1x3.5kg	2626	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Curly Parsley Bunched BB 1x250g	2631	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mac My Day - Vegan Macaroni Cheese 1003281 (Yield 20	1003281	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Plain Flour 6x1.5kg	10498	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes English Mustard 1x2.27ltr	2602	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Violife Orig Flavour Grated 4x500g	2516	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Straight Macaroni 5kg	2780	YES	YES	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Uht - Alpro Soya Wholebean Unsweetened	2841	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - BBQ Chicken 1003282 (Yield 50ptn/s)	1003282	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal BBQ Chicken 1003283 (Yield 50ptn/s)	1003283	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Spicy Pepperoni & Roasted Peppers 1024664 (Y	1024664	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tomato Sauce Allergen Free per ml 2964 (Yield 1ptn/s) *	2964	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Crushed Chillies 1x300g	1003011	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Pepperoni Slices 1x1kg	2801	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Spicy Pepperoni & Roasted Peppers 10032	1003285	M	M	X	X	X	X	X	X	X	X	M	M	YES	X	X	X	X	X	X	X	X	X	X	M	M	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Aminah Halal Slcd Beef Pepperoni 1Kg	2710	M	M	X	X	X	X	X	X	X	X	M	M	YES	X	X	X	X	X	X	X	X	X	X	M	M	X	X	X
Tomato Sauce Allergen Free per ml 2964 (Yield 1ptn/s) *	2964	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Crushed Chillies 1x300g	1003011	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Vegan Chilli non-Carne 1003151 (Yield 100ptn/s	1003151	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Eat Curious Dehydrated Mince 1x1Kg	1001820	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Cls Kidney Beans in Water 1x800g	1033665	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Crushed Chillies 1x300g	1003011	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - BBQ Sauce 1003286 (Yield 10ptn/s)	1003286	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sauce - Pesto 1003287 (Yield 10ptn/s)	1003287	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vegan Nut Free Green Pesto 1x1.1kg	611	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Peri Peri 1003288 (Yield 10ptn/s)	1003288	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Lemon Herb Peri Peri Sauce 1x2.27lt	1002292	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
PERI GOOD																													
Nandos Concept - Smoked Paprika & Garlic Wedges 1009	1009725	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Potatoes Red PK 1x20kg	2774	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Garlic Powder 1x500g	1003086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Macho Rice N Peas 1009758 (Yield 20pt	1009758	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco Classic Mixed Herbs 1x130g	1003059	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Essential Garden Peas 1 x2.5kg	1005374	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Loose BB 1x500g	2702	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
50/50 Rice 4861 (Yield 50ptn/s) *	4861	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept Vegan Perinaise Slaw 1009727 (Yield 20g	1009727	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Cabbage Savoy BBEach	2370	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco Classic Vegan Mayonnaise 1x1ltr	2589	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Hot Peri Peri Chicken 1009916 (Yield 20	1009916	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Chicken Drumsticks Raw 4x2.5kg	1028858	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Hot Peri Peri Chicken Halal 1009965 (Yi	1009965	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Halal Chicken Drumsticks 4x2.5kg	1028860	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Lemon & Herb Chicken 1009918 (Yield 2	1009918	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Herb Flat Leaf Parsley Bunched BB 1x100g	2576	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Lemon & Herb Chicken Halal 1009969 (	1009969	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Herb Flat Leaf Parsley Bunched BB 1x100g	2576	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Piri Piri Quorn Strips 1009735 (Yield 20p	1009735	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Marinades & Glazes - Major Piri Piri Mari Base	2795	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Quorn Vegan Fillets 1x2kg	10659	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Peri Peri 1003288 (Yield 10ptn/s)	1003288	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Lemon Herb Peri Peri Sauce 1x2.27lt	1002292	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Garlic Yoghurt 1009730 (Yield 30ptn/s)	1009730	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Yoghurt & Mint Dressing 1x2.27ltr	2754	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nandos Concept - Vegan Perinaise 1009733 (Yield 30ptn/s	1009733	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco Classic Vegan Mayonnaise 1x1ltr	2589	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
RAMEN CLUB																													
Ramen Club Noodles & Vegetables 1009935 (Yield 30ptn/	1009935	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Noodles - Lucky Boat Noodle No1 1x9kg	2776	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cabbage Savoy BBEach	2370	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ramen Club - Katsu Broth 1009937 (Yield 50ptn/s)	1009937	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ginger BB 300g	2797	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Std Curry Powder 1x500g	2690	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Garam Masala 1x405g	1003043	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Vegetable Bouillon Paste 1x1kg	2616	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Plain Flour 6x1.5kg	10498	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Coconut Milk CASE [400 ml]	2542	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Limes BB 6 Pack	2824	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ramen Club - Ramen Broth 1009939 (Yield 25ptn/s)	1009939	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ginger BB 300g	2797	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Light Brown Soft Sugar (106067) 1x3kg	2830	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Vegetable Bouillon Paste 1x1kg	2616	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Ramen Club Topping - Spicy Veg Gyoza 1009941 (Yield 20	1009941	YES	YES	M	M	M	M	M	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	M	M	YES	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Gyoza, Spicy Vegetables 400g (Frozen)(V) - VE	9373	YES	YES	M	M	M	M	M	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	M	M	YES	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ramen Club Topping - Seaweed Roasted Tofu 1009943 (Yi	1009943	YES	YES	X	X	X	X	X	M	M	M	X	YES	X	M	M	M	M	M	M	M	M	M	M	X	X	YES	X	X
Yaki Nori Seaweed Sheet 1x3.2g - VE	1033643	X	X	X	X	X	X	X	M	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Clasic Cornflour 1x3.5kg	2511	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sesame Seeds 1kg - VE	8775	X	X	X	X	X	X	X	X	X	X	X	X	X	M	M	M	M	M	M	M	M	M	M	X	X	YES	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Tofoo Co Organic Smoked Tofu	1003019	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ramen concept Topping - Nut Free Chicken Satay 100995	1009952	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Desiccated Coconut 1x2kg	2504	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sunflower Seeds 1x1kg	2514	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Squeezy Clear Honey 1x680g	2730	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Coconut Milk CASE [400 ml]	2542	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Limes BB 6 Pack	2824	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ramen Club Topping - Nut Free Halal Chicken Satay 1009	1009961	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Desiccated Coconut 1x2kg	2504	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sunflower Seeds 1x1kg	2514	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Squeezy Clear Honey 1x680g	2730	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Coconut Milk CASE [400 ml]	2542	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Limes BB 6 Pack	2824	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Ramen Garnish Combo 1009956 (Yield 50ptn/s)	1009956	YES	YES	X	X	X	X	X	M	M	M	X	X	X	M	M	M	M	M	M	M	M	M	M	X	X	YES	X	X
Extras - Crispy Fried Onions 1003140 (Yield 10ptn/s) *	1003140	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Chilli & Coriander Garnish 1003141 (Yield 10ptn/	1003141	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Spring Onion Garnish 1003142 (Yield 10ptn/s) *	1003142	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras Ramen - Toasted Sesame Seeds 1009957 (Yield 20	1009957	X	X	X	X	X	X	X	X	X	X	X	X	X	M	M	M	M	M	M	M	M	M	M	X	X	YES	X	X
Extras Ramen - Shredded Nori 1009958 (Yield 20ptn/s) *	1009958	X	X	X	X	X	X	X	M	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SPICE RANCH																													
Spice Ranch - Louisiana Dirty Rice 1003257 (Yield 20ptn/s)	1003257	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Easy Cook Long Grain Rice 1x5kg	2781	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red PK 5kg	2788	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Oregano 1x100g	1003062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Rubbed Thyme 1x210g	1007555	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Bay Leaves 1x40g	2704	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Paprika Pepper 1x480g	1003065	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spice Ranch - Squashed Spiced Jacket Potato 1003323 (S)	1003323	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spice Ranch - Squashed Spiced Jacket Potato 1003263 (Y	1003263	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spice Ranch - Vegan Coleslaw 1003269 (Yield 50ptn/s)	1003269	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cabbage Savoy BBEach	2370	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Vegan Mayonnaise 1x1ltr	2589	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Corn Fried Chicken 1003270 (Yield 20ptn/s)	1003270	YES	YES	X	X	X	YES	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Corn Flakes 8x500g	2843	YES	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Plain Flour 1x16kg	1008184	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ground Cumin 1x400g	1003049	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Coriander 1x400g	1003047	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sysco Ess Chic Thigh S/Bless Uncal 2x5kg - BI	1024833	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Corn Fried Chicken 1003271 (Yield 20ptn/s	1003271	YES	YES	X	X	X	YES	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Corn Flakes 8x500g	2843	YES	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Plain Flour 1x16kg	1008184	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ground Cumin 1x400g	1003049	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Sysco Classic Ground Coriander 1x400g	1003047	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Chicken Thigh Skinles/B less IQF 10kg	1021341	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Chipotle Pulled Beef 1003272 (Yield 35ptn/s)	1003272	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Beef Brisket (1 x 4-7 kg) ORDER NUMBER OF	1001220	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Chipotle Rub 1x225g	2614	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Chipotle Pulled Beef 1003273 (Yield 35ptn	1003273	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Beef Brisket Flat UK (1 x 4-7 kg) ORDER NUMBER OF	1001219	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Chipotle Rub 1x225g	2614	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Cajun Quorn Dippers 1003275 (Yield 10ptn/s)	1003275	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Quorn Vegan Dippers 1x2kg	10935	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Salsa Deep South 1003276 (Yield 10ptn/s)	1003276	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Salsa 1x2.2kg	2609	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Ranch Dressing Deep South 1003277 (Yield 10ptn/	1003277	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X
Lion Ranch Dressing 1x2.27ltr	1000115	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X
Sauce - Creole Mayo Deep South 1003278 (Yield 10ptn/s)	1003278	YES	YES	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes English Mustard 1x2.27ltr	2602	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cracked Black Pepper 425g	2693	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Deep South Combo 1003279 (Yield 30ptn/s)	1003279	YES	YES	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Sauce - Salsa Deep South 1003276 (Yield 10ptn/s) *	1003276	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Ranch Dressing Deep South 1003277 (Yield 10ptr	1003277	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X
Sauce - Creole Mayo Deep South 1003278 (Yield 10ptn/s	1003278	YES	YES	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X
SPUD KING																													
Spud King - Baked Potato 1003144 (Yield 10ptn/s)	1003144	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Potatoes Bakers 50s PK15kg	2769	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spud King - Sweet Potato 1003145 (Yield 10ptn/s)	1003145	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Potatoes Sweet PK 1x6kg	2772	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Chicken Curry 1003146 (Yield 50ptn/s)	1003146	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ginger BB 300g	2797	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Green BB 1x250g	2632	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Garam Masala 1x405g	1003043	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Std Curry Powder 1x500g	2690	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Cinnamon 1x450g	2668	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Chicken Curry 1003147 (Yield 50ptn/s)	1003147	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ginger BB 300g	2797	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Green BB 1x250g	2632	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Garam Masala 1x405g	1003043	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Sysco Classic Std Curry Powder 1x500g	2690	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Cinnamon 1x450g	2668	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Sausage & BBQ Bean 1003148 (Yield 40ptn/s)	1003148	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	YES	X
Sysco Classic RSS Baked Beans 1x2.62kg	1029874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG British Raw Gluten Free Pork Sausage 1x4.54kg.	1027556	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Halal Sausage & BBQ Bean 1003149 (Yield 40ptr	1003149	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	YES	X
Sysco Classic RSS Baked Beans 1x2.62kg	1029874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Brit Chicken Sausage 8's 1x4.54kg	2705	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Vegan Chilli non-Carne 1003151 (Yield 100ptn/s	1003151	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Eat Curious Dehydrated Mince 1x1Kg	1001820	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Cls Kidney Beans in Water 1x800g	1033665	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Crushed Chillies 1x300g	1003011	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Cheese 1003152 (Yield 10ptn/s)	1003152	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tugo Shredded Standard Blend Cheese IQF 8 x 2kg	1024346	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Crushed Nachos 1003153 (Yield 10ptn/s)	1003153	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tortilla Chips 1x14 [475g]	2567	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Extras - Jalapenos 1003156 (Yield 10ptn/s)	1003156	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sliced Jalapeno Peppers 1x1kg	2598	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Spud King Topping Combo 1003158 (Yield 30ptn/s	1003158	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Jalapenos 1003156 (Yield 10ptn/s) *	1003156	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Cheese 1003152 (Yield 10ptn/s) *	1003152	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Crushed Nachos 1003153 (Yield 10ptn/s) *	1003153	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Melted Garlic Butter 1003157 (Yield 10ptn/s)	1003157	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Flat Leaf Parsley Bunched BB 1x100g	2576	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Yogurt & Mint Sauce 1003233 (Yield 10ptn/s)	1003233	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Yoghurt & Mint Dressing 1x2.27ltr	2754	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - BBQ Sauce 1003286 (Yield 10ptn/s)	1003286	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sauce - Peri Peri 1003288 (Yield 10ptn/s)	1003288	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Lemon Herb Peri Peri Sauce 1x2.27lt	1002292	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spud king combo sauce 1017446 (Yield 30 Ptn/s)	1017446	YES	YES	X	X	X	YES	X	X	X	X	YES	YES	YES	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sauce - BBQ Sauce 1003286 (Yield 10ptn/s) *	1003286	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Sauce - Peri Peri 1003288 (Yield 10ptn/s) *	1003288	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Yogurt & Mint Sauce 1003233 (Yield 10ptn/s) *	1003233	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
WOK POT																													
Wok Pot - Vegetable Noodles 1003133 (Yield 20ptn/s)	1003133	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Chop Suey Noodles 9kg (V) - VE	2405	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red PK 5kg	2788	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Shredded Savoy Cabbage 1.5kg	2724	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spring Onions BB Bunch	2854	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Hoi Sin Sauce 1x1.3kg	2680	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot - Egg Fried Rice 1003134 (Yield 40ptn/s)	1003134	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Easy Cook Long Grain Rice 1x5kg	2781	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SyscoClassic Long Grain Brown Rice 1x5kg	1027760	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Free Range Eggs Med 5 Dozen [58g]	2823	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Essential Garden Peas 1 x2.5kg	1005374	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Sweet Chilli Chicken 1003135 (Yield 10ptn/s)	1003135	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peppers Red PK 5kg	2788	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Terriyaki Style Beef 1003136 (Yield 50ptn/s)	1003136	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Brk H/Choice Lean Beef Mince 10%Fat2.5kg	1008093	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Hoi Sin Sauce 1x1.3kg	2680	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Red Lentils 1x3kg	2640	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot Halal Sweet Chilli Chicken 1003236 (S) (Yield 1ptr	1003236	YES	YES	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Topping - Halal Sweet Chilli Chicken 1003138 (Yield 10ptr	1003138	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot - Vegetable Noodles 1003220 (S) (Yield 1ptn/s)	1003220	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Wok Pot - Egg Fried Rice 1003221 (S) (Yield 1ptn/s) *	1003221	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003249 (S) (Yield 1ptn	1003249	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot Halal Terriyaki Style Beef 1003238 (S) (Yield 1ptn	1003238	YES	YES	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Topping - Halal Terriyaki Style Beef 1003137 (Yield 50ptn	1003137	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Wok Pot - Vegetable Noodles 1003220 (S) (Yield 1ptn/s)	1003220	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Wok Pot - Egg Fried Rice 1003221 (S) (Yield 1ptn/s) *	1003221	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003249 (S) (Yield 1ptn	1003249	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Crispy Fried Onions 1003243 (S) (Yield 1ptn/s)	1003243	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Crispy Fried Onions 1003140 (Yield 10ptn/s) *	1003140	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Chilli & Coriander Garnish 1003245 (S) (Yield 1ptn	1003245	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Chilli & Coriander Garnish 1003141 (Yield 10ptn/	1003141	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Spring Onion Garnish 1003247 (S) (Yield 1ptn/s)	1003247	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Extras - Spring Onion Garnish 1003142 (Yield 10ptn/s) *	1003142	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003249 (S) (Yield 1ptn/s	1003249	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003143 (Yield 30ptn/s	1003143	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Vegan Char Sui Tofu 1003139 (Yield 14ptn/s)	1003139	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Tofoo Co Organic Smoked Tofu	1003019	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chinese Five Spice 1x405g	1003015	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Hoi Sin Sauce 1x1.3kg	2680	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75l	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X