





ALLERGEN BUDDY

IFG

EXPLODED ALLERGEN MATRICES

This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on - 08/28

All meals for pupils with allergies much be pre-ordered at least one week in advance.

Our exploded allergen information lists every ingredient in a dish and highlights exactly where any of the 14 main allergens appear, so you can make informed choices with confidence.

KEY

YES = contains

M = may contain

X = does not contain

Intolerance Information Recipe List: Updated Recipes

Last Edited: 8/28

* indicates sub recipe

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
White Chocolate & Blueberry Muffin 1031383 (Yield 51ptn/s)	1031383	YES	YES	X	X	X	X	X	X	X	X	YES	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N Ifg Plain Muffin Mix 4 x 3.5kg	7102	YES	YES	X	X	X	X	X	X	X	X	YES	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Blueberries 1x1kg	2684	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brown Muffin Sleeves 160x160mm	2424	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dr Oetker White Choc Drops 1x3kg	2509	YES	YES	X	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cheese Salad White Baguette 1026829 (Yield 12ptn/s)	1026829	YES	YES	X	X	X	M	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
LaBo 10" PB White Sandwich Baguette 1x30 x 140g	2799	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
[PC] Hutchison Large Rectangle A4 Label(6 per sheet) x500	1010778	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tomatoes MM 47/57mm BB 1x1.5kg	2790	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucumber 35/40 PK 12x1ea	1015233	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extons Mild Cheddar Slices 1x1kg	1013166	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cheese Salad Malted Baguette 1026832 (Yield 12ptn/s)	1026832	YES	YES	X	X	X	YES	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
[PC] Hutchison Large Rectangle A4 Label(6 per sheet) x500	1010778	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tomatoes MM 47/57mm BB 1x1.5kg	2790	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucumber 35/40 PK 12x1ea	1015233	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extons Mild Cheddar Slices 1x1kg	1013166	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
LaBo 10 PB Malted Wheat Baguettes [135g]	2798	YES	YES	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ham Salad Baguette White 1031240 (Yield 12ptn/s)	1031240	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
LaBo 10" PB White Sandwich Baguette 1x30 x 140g	2799	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
[PC] Hutchison Large Rectangle A4 Label(6 per sheet) x500	1010778	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tomatoes MM 47/57mm BB 1x1.5kg	2790	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucumber 35/40 PK 12x1ea	1015233	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Slicd Honey Roast Ham 1x454g	2674	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ham Salad Baguette Malted 1031243 (Yield 12ptn/s)	1031243	YES	YES	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
[PC] Hutchison Large Rectangle A4 Label(6 per sheet) x500	1010778	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tomatoes MM 47/57mm BB 1x1.5kg	2790	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucumber 35/40 PK 12x1ea	1015233	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Slicd Honey Roast Ham 1x454g	2674	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
LaBo 10 PB Malted Wheat Baguettes [135g]	2798	YES	YES	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Southern Fried Chicken Mayo Baguette 1031258 (Yield 20ptn/s)	1031258	YES	YES	X	X	X	M	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	M	M	X
LaBo 10" PB White Sandwich Baguette 1x30 x 140g	2799	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet S.Fried Chicken Goujon 1x12kg	1033627	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Southern Fried Chicken Mayo Baguette Malted 1030907 (Yield 20p	1030907	YES	YES	X	X	X	YES	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
LaBo 10 PB Malted Wheat Baguettes [135g]	2798	YES	YES	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet S.Fried Chicken Goujon 1x12kg	1033627	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Halal Southern Fried Chicken Mayo Baguette 1031263 (Yield 20ptn	1031263	YES	YES	X	X	X	M	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	M	M	X
LaBo 10" PB White Sandwich Baguette 1x30 x 140g	2799	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet Halal SFried Chicken Goujon 1x12kg	1033629	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Halal Southern Fried Chicken Chilli Mayo Baguette Malted 103091	1030911	YES	YES	X	X	X	YES	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
LaBo 10 PB Malted Wheat Baguettes [135g]	2798	YES	YES	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet Halal SFried Chicken Goujon 1x12kg	1033629	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Cheese Salad Deli Sub 1031343 (Yield 10ptn/s)	1031343	YES	YES	X	X	M	M	M	X	X	X	M	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
La Bo Fully Baked Deli Sub Rolls 54x100g	2821	YES	YES	X	X	M	M	M	X	X	X	M	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Brake Sunflower Light Spread 1x2kg	2539	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extons Mild Cheddar Slices 1x1kg	1013166	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tomato M/Mm PK 1x6kg	2794	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucumber 35/40 PK 12x1ea	1015233	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Southern Fried Chicken & Mayo Wrap 1031358 (Yield 10ptn/s)	1031358	YES	YES	X	X	X	X	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
La Bou 10" Bar Marked Flour Tortillas 4x18 Pack [15.3g], 1EA	1004262	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet S.Fried Chicken Goujon 1x12kg	1033627	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Halal Southern Fried Chicken & Mayo Wrap 1031360 (Yield 10ptn/	1031360	YES	YES	X	X	X	X	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
La Bou 10" Bar Marked Flour Tortillas 4x18 Pack [15.3g], 1EA	1004262	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Catering Iceberg Lettuce C2 PK 1x5kg	2784	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cucina Large A4 Label (6 per sheet)	2415	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
150x350mm Nonperf Poly Bags	2422	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet Halal SFried Chicken Goujon 1x12kg	1033629	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Southern Fried Chicken Burger Lettuce & Mayo 7627 (Yield 20ptn/s	7627	YES	YES	X	X	X	X	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	M	M	X
Sysco Essentials 4" Pre Sliced Unseeded Burger Bun 48 x 50g	2809	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lettuce Iceberg BB Each	2354	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
30X27Cm Aluchef Pop-Up Foil	2471	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet S.Fried Chicken Goujon 1x12kg	1033627	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Halal Southern Fried Chicken Burger Lettuce & Mayo 7626 (Yield 2(	7626	YES	YES	X	X	X	X	X	X	X	X	YES	M	M	X	X	X	X	X	X	X	X	X	X	M	M	M	M	X
Sysco Essentials 4" Pre Sliced Unseeded Burger Bun 48 x 50g	2809	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lettuce Iceberg BB Each	2354	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
30X27Cm Aluchef Pop-Up Foil	2471	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
N GGourmet Halal SFried Chicken Goujon 1x12kg	1033629	YES	YES	X	X	X	X	X	X	X	X	X	M	M	X	X	X	X	X	X	X	X	X	X	M	M	X	M	X
Chicken Tikka & Mayo Panini 1031303 (Yield 30ptn/s)	1031303	YES	YES	X	X	X	M	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
LaBo 10" PB White Sandwich Baguette 1x30 x 140g	2799	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
N GG Diced Chicken Thigh 4x2.5kg	1028856	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tikka Paste 1x1.18kg	2745	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Chicken Tikka & Mayo Panini 1031311 (Yield 30ptn/s)	1031311	YES	YES	X	X	X	M	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
LaBo 10" PB White Sandwich Baguette 1x30 x 140g	2799	YES	YES	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Sysco Classic Tikka Paste 1x1.18kg	2745	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Light Mayonnaise 1x5ltr	2712	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG Halal Diced Chicken Thigh 4x2.5kg	1028857	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chocolate Glazed Bun 1031699 (Yield 10ptn/s)	1031699	YES	YES	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Jim Jams Chocolate Spread Swtner 1x1kg	1022027	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Icing Sugar 1x3kg	2829	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
La Boulangerie Hot Dog Rolls 6.5 108 x 50g	110	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Vanilla Glazed Bun 1031724 (Yield 10ptn/s)	1031724	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Icing Sugar 1x3kg	2829	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vanilla Essence 1x500ml	2493	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
La Boulangerie Hot Dog Rolls 6.5 108 x 50g	110	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Jam Cinnamon Bun 1031744 (Yield 10ptn/s)	1031744	YES	YES	X	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Batch Reduced Sugar Cinnamon Buttercream 1031709 (Yield 62pt	1031709	YES	YES	X	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Icing Sugar 1x3kg	2829	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Brakes Strawberry Jam 1x2.72kg	2758	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
La Boulangerie Hot Dog Rolls 6.5 108 x 50g	110	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Roasted Butternut, Sweetcorn & Chipotle Pasta 1017619 (Yield 20	1017619	YES	YES	X	X	X	X	X	X	X	X	X	M	YES	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Plain Flour 1x16kg	1008184	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Fresh Semi Skimmed Milk	1002998	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Chipotle Rub 1x225g	2614	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Butternut Squash BB 1xEach	2372	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Valdigrano Penne Pasta 1x5kg	2779	YES	YES	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Sysco Classic Wholemeal Penne 1x5kg	3299	YES	YES	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Flat Leaf Parsley Bunched BB 1x100g	2576	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kuhne Crispy Fried Onions 1x1kg	2624	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sweetcorn 1x1kg	2725	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Protein Pot - Boiled egg 1031285 (Yield 10ptn/s)	1031285	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3.25Oz,4Oz,5Oz Portion Pot Lid	2477	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
4oz Clear Portion Pot (A18006)	2480	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Innovate Circle A4 Label (12 per sheet)	2417	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Free Range Eggs Med 5 Dozen [58g]	2823	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X